## FENCERS CLUB



## **Fencers Club Sabre Training Session August 14-18, 2017 - New York City**

- Ages 8+, all levels, 10AM to 4PM (bring lunch)
- Training led by our Olympic and elite coaches
- Sessions include: warm-up, footwork, bladework drills, conditioning, strategy and tactics, supervised bouting, video analysis, etc.
- Special rates available at 4-star partner hotel in NYC
- Register via AskFRED.net (limited to 60 fencers)
- All participants receive a free Olympic T-shirt!

## **Training Session Fees:**

\$500 for FC members \$600 for non-members

(Non-registered walk-ons add \$100)

All National Team Members invited to attend for FREE

Weekly electric gear rental available for \$100



Coach Akhi Spencer-El



**Coach Mihaly Csikany** 



229 W 28TH ST, 2ND FL | NEW YORK, NY 10001 | T: 212.807.6947 | F: 212.807.6944